

Portion: B'shalach (When He Sent)  
Shemoth (Exodus 16:32-17:16)  
Shophetim (Judges 4:4-14)

Exodus 16:32-36

32 And Mosheh said, "This is the word which יהוה has commanded: 'Fill an omer with it, to keep for your generations, so that they see the bread with which I fed you in the wilderness, when I brought you out of the land of Mitsrayim.' "

33 And Mosheh said to Aharon, "Take a pot and put an omer of manna in it, and set it down before יהוה, to keep for your generations."

34 As יהוה commanded Mosheh, so did Aharon set it down before the Witness, to keep.

35 And the children of Yisra'el ate manna forty years, until they came to an inhabited land. They ate manna until they came to the border of the land of Kena'an.

36 And an omer is one-tenth of an ephah.

Exodus 17:1-16

1 And all the congregation of the children of Yisra'el set out on their journey from the Wilderness of Sin, according to the mouth of יהוה, and camped in Rephidim. And there was no water for the people to drink.

2 Therefore the people strove with Mosheh, and said, "Give us water to drink." And Mosheh said to them, "Why do you strive with me? Why do you try יהוה?"

3 And the people thirsted there for water, and the people grumbled against Mosheh, and said, "Why did you bring us out of Mitsrayim, to kill us and our children and our livestock with thirst?"

4 Then Mosheh cried out to יהוה, saying, "What am I to do with this people? Yet a little and they shall stone me!"

5 And יהוה said to Mosheh, "Pass over before the people, and take with you some of the elders of Yisra'el. And take in your hand your rod with which you struck the river, and go.

6 See, I am standing before you there on the rock in Horeb. And you shall strike the rock, and water shall come out of it, and the people shall drink. And Mosheh did so before the eyes of the elders of Yisra'el.

7 And he called the name of the place Massah and Meribah, because of the 'strife' of the children of Yisra'el, and because they 'tried' יהוה, saying, "Is יהוה in our midst or not?"

8 And Amaleq came and fought with Yisra'el in Rephidim.

9 And Mosheh said to Yehoshua, "Choose for us men and go out, fight with Amaleq. Tomorrow I am stationing myself on the top of the hill with the rod of Elohim in my hand."

10 And Yehoshua did as Mosheh said to him, to fight with Amaleq. And Mosheh, Aharon, and Hur went up to the top of the hill.

11 And it came to be, when Mosheh held up his hand, that Yisra'el prevailed. And when he let down his hand, Amaleq prevailed.

12 But Mosheh's hands were heavy, so they took a stone and put it under him, and he sat on it. And Aharon and H̄ur supported his hands, one on one side, and the other on the other side. And his hands were steady until the going down of the sun.

13 And Yehoshua defeated Amalēq and his people with the edge of the sword.

14 And יהוה said to Mosheh, "Write this for a remembrance in the book and recite it in the hearing of Yehoshua, that I shall completely blot out the remembrance of Amalēq from under the heavens."

15 And Mosheh built a slaughter-place and called its name, יהוה Nissi,

16 for he said, "Because a hand is on the throne of Yah, יהוה is to fight against Amalēq, from generation to generation."

#### Judges 4:4-14

4 And Deborah, a prophetess, the wife of Lappidoth, was ruling Yisra'ēl at that time.

5 And she was dwelling under the palm tree of Deborah between Ramah and Bēyth Ēl in the mountains of Ephrayim. And the children of Yisra'ēl came up to her for right-ruling.

6 And she sent and called for Baraq son of Abino'am from Qedesh in Naphtali, and said to him, "Has not יהוה Elohim of Yisra'ēl commanded, 'Go, and you shall draw towards Mount Tabor, and shall take with you ten thousand men of the sons of Naphtali and of the sons of Zebulun,

7 and I shall draw unto you Sisera, the commander of Yabin's army, with his chariots and his company at the wadi Qishon, and shall give him into your hand?'"

8 And Baraq said to her, "If you go with me, then I shall go; but if you do not go with me, I do not go."

9 And she said, "I shall certainly go with you. Only, there shall be no esteem for you in the journey you are taking, for יהוה is going to sell Sisera into the hand of a woman." So Deborah arose and went with Baraq to Qedesh.

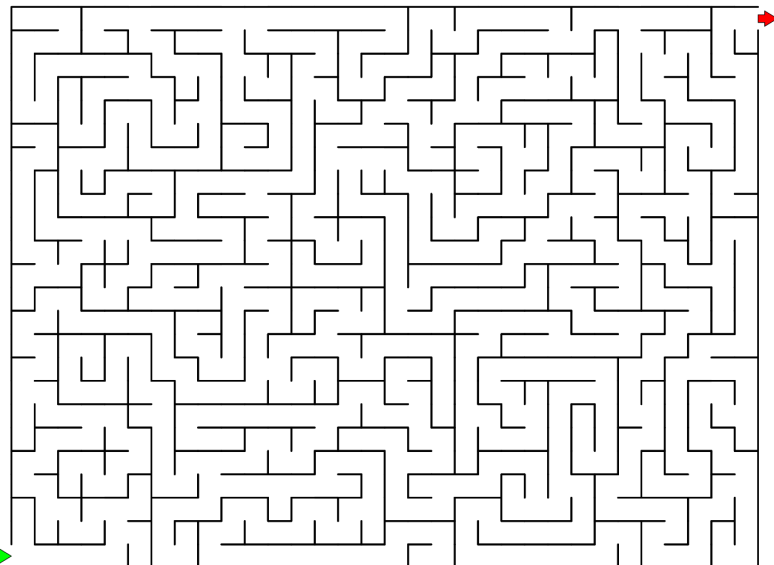
10 And Baraq called Zebulun and Naphtali to Qedesh. And he went up - ten thousand men under his command - and Deborah went up with him.

11 And Heber the Qēynite, of the children of Hōbab the father-in-law of Mosheh, had separated himself from the Qēynites and pitched his tent near the terebinth tree at Tsa'anayim, which is beside Qedesh.

12 And they reported to Sisera that Baraq son of Abino'am had gone up to Mount Tabor.

13 So Sisera called all his chariots, nine hundred chariots of iron, and all the people who were with him, from Harosheth Haggoyim to the wadi Qishon.

14 And Deborah said to Baraq, "Rise up! For this is the day in which יהוה has given Sisera into your hand. Has not יהוה gone out before you?" And Baraq went down from Mount Tabor with ten thousand men after him.



### Fill In The Blank

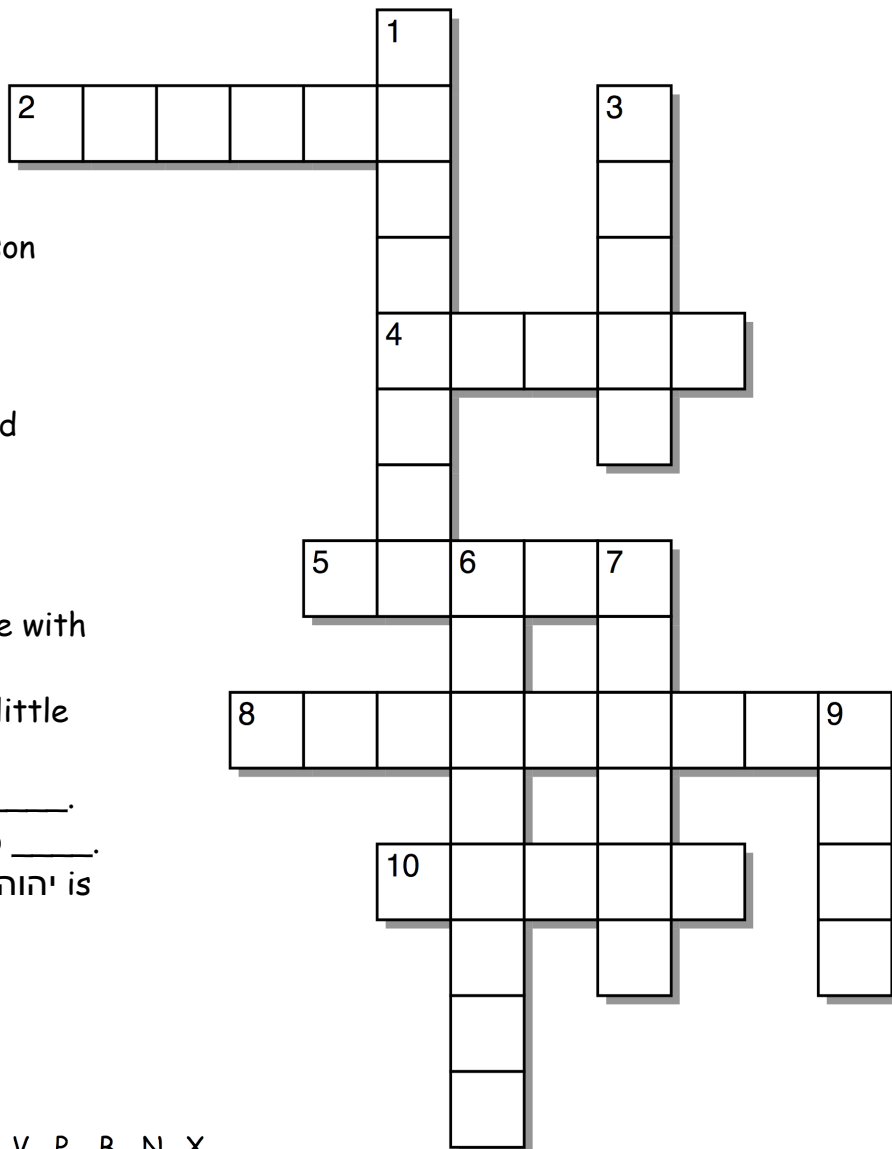
- 1) And the children of Yisra'el ate manna forty years, until they came to an \_\_\_\_\_ land. They ate manna until they came to the \_\_\_\_\_ of the land of Kena'an.
- 2) And she said, "I shall certainly go with you. Only, there shall be no \_\_\_\_\_ for you in the journey you are taking, for יהוה is going to sell \_\_\_\_\_ into the hand of a woman." So Deborah arose and went with Baraq to Qedesh.
- 3) So Sisera called all his chariots, \_\_\_\_\_ hundred chariots of iron, and all the \_\_\_\_\_ who were with him, from Harosheth Haggoyim to the wadi Qishon.
- 4) And she was dwelling under the palm tree of \_\_\_\_\_ between Ramah and Bēyth Ēl in the mountains of \_\_\_\_\_. And the children of Yisra'el came up to her for right-ruling.
- 5) And Heber the Qēynite, of the children of Hobab the father-in-law of \_\_\_\_\_, had separated himself from the Qēynites and pitched his tent near the \_\_\_\_\_ tree at Tsa'anayim, which is beside Qedesh.
- 6) And all the congregation of the children of Yisra'el set out on their journey from the \_\_\_\_\_ of Sin, according to the mouth of יהוה, and camped in \_\_\_\_\_. And there was no water for the people to drink.
- 7) And Mosheh said to Yehoshua, "Choose for us men and go out, fight with \_\_\_\_\_. Tomorrow I am \_\_\_\_\_ myself on the top of the hill with the rod of Elohim in my hand."
- 8) And the people thirsted there for water, and the people \_\_\_\_\_ against Mosheh, and said, "Why did you bring us out of Mitsrayim, to kill us and our children and our \_\_\_\_\_ with thirst?"

### True Or False

- 1) The army of Yisra'el raised against Sisera was made up of men from the tribes of Naphtali and Zebulun. True/False
- 2) An ēphah of manna was put in a pot to put down before יהוה, and kept for generations. True/False

**Across**

2. Why do you \_\_\_\_\_ with me? Why do you try יהוה?
4. What am I to do with this people? Yet a little and they shall \_\_\_\_\_ me!
5. And they reported to Sisera that \_\_\_\_\_ son of Abino'am had gone up to Mount Tabor.
8. And Deborah, a prophetess, the wife of \_\_\_\_\_, was ruling Yisra'el at that time.
10. Mosheh built a slaughter-place and called its name, יהוה' \_\_\_\_\_.



**Down**

1. And \_\_\_\_\_ defeated Amaleq and his people with the edge of the sword.
3. What am I to do with this people? Yet a little and they shall \_\_\_\_\_ me!
6. Amaleq came and fought with Yisra'el in \_\_\_\_\_.
7. And Baraq called Zebulun and Naphtali to \_\_\_\_\_.
9. Because a \_\_\_\_\_ is on the throne of Yah, יהוה is to fight against Amaleq, from generation to generation.

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- AMALEQ
- BARAQ
- DEBORAH
- GENERATIONS
- GRUMBLED
- MANNA
- MERIBAH
- PROPHETESS
- REPHIDIM
- SISERA